

PACEP NEWS

SPRING 2021

Executive Privilege

By Ronald V. Hall, MD, FACEP



Ronald V. Hall, MD, FACEP
PACEP President 2021-2022

Greeting friends and colleagues! On Saturday, April 10th, I was sworn in as the 48th president of the Pennsylvania College of Emergency Physicians (PACEP) by Dr. Shawn Quinn. As I begin my term as president, I owe many thanks to Dr. Quinn for doing such an outstanding job leading our chapter through a challenging year and preparing me to take over the reins. Also, I want to thank Mrs. Jan Reisinger (executive director) for the fantastic work she does for PACEP. Mrs. Reisinger came onboard five months before the pandemic hit. Despite this, she quickly adapted and kept the chapter humming along effortlessly.

A little about me, your new PACEP President: I grew up 45 minutes outside of Philadelphia in a small rural town in South Jersey. I spent plenty of time outside using my imagination and reading books. This context provided fertile ground to explore the world around me and mold me into the person I am today. There weren't many channels to watch on TV in those days, and the distance between houses made it difficult to socialize with kids my age. Therefore, I didn't have many distractions and spent my time learning about the world by reading anything I could get my hands on. When I went outdoors to play with my brother, we would use our imaginations to entertain ourselves. These experiences taught me to dream and dream big. Words I would use to describe me are personable, amiable, humorous, and curious. Fast forward, I chose a career in emergency medicine because those things provided a good foundation and fit for this specialty. I have been practicing emergency medicine in Philadelphia since the year 2000, when I started my residency at Thomas Jefferson University Hospital. I have served as core faculty, residency director, and now as simulation specialist for the medical school's new JeffMD Clinical Skills & Physical Diagnosis curriculum. Additionally, I've been active in PACEP since I was a junior faculty member. I began serving as a member of the education committee and an oral boards instructor. Eventually, I served as a Scientific Assembly Chair, a member on the PACEP board of directors, and the PACEP treasurer.

To the members of PACEP, I want to applaud you for all the hard work you have done over the years and especially last year. It is not lost on me or many others that each one of you rose to the moment in a most challenging year — each one of you has proved how courageous and heroic you are. I am impressed by how supportive and compassionate the community of emergency medicine is for one another. Together, we shared words of encouragement, created solutions to keep our departments safe for patients and staff, and kept abreast of constantly changing information. Concurrently, we still treated acute coronary syndromes, stabilized trauma patients, provided assistance to disaster zones, and offered emotional support to patients who just needed to talk.

We face significant challenges like this that change who we are and change the world. If you are into action or science fiction films, writers create these challenges to reinvent their characters or address new issues in a rapidly changing world. In 2020, a new enemy emerged. The novel Coronavirus (COVID-19), a highly contagious virus that caused severe respiratory complications and other health problems, shut the world down — life changed instantly. We all experienced a real-life “blip.”

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**Through hard work
and perseverance,
we were able to
turn the tides. Now
we are at the next
phase.**



Exciting opportunities at our growing organization

- Emergency Medicine Faculty Positions
- Pediatric Emergency Medicine Faculty Positions
- Vice Chair, Clinical Operations
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Penn State Health, Hershey PA, is expanding our health system. We offer multiple new positions for exceptional physicians eager to join our dynamic team of EM and PEM faculty treating patients at the only Level I Adult and Level I Pediatric Trauma Center in Central Pennsylvania.

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- Sign-on Bonus
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What the Area Offers:

We welcome you to a community that emulates the values Milton Hershey instilled in a town that holds his name. Located in a safe family-friendly setting, Hershey, PA, our local neighborhoods boast a reasonable cost of living whether you prefer a more suburban setting or thriving city rich in theater, arts, and culture. Known as the home of the Hershey chocolate bar, Hershey's community is rich in history and offers an abundant range of outdoor activities, arts, and diverse experiences. We're conveniently located within a short distance to major cities such as Philadelphia, Pittsburgh, NYC, Baltimore, and Washington DC.



PennState Health

FOR MORE INFORMATION PLEASE CONTACT:

Heather Peffley, PHR FASPR at: hpeffley@pennstatehealth.psu.edu

Executive Privilege

continued from page 1

What is the “blip”? Spoiler alert beyond this point. In the Marvel apocalyptic films, Infinity War and Endgame, the supervillain Thanos wipes out half of the universe’s inhabitants with a single snap of his fingers. As a result of Thanos’s horrific feat, Marvel takes us on an adventurous journey providing two major perspectives to their fans. One of these perspectives provides the audience with the emotional rollercoaster experienced by those left behind. They mourned the loss of their loved ones, struggled to adapt to their new reality, and fought to rebuild what was lost. The other perspective provides the audience with feelings of regret and loss of those who went missing. They mourned the loss of missing important events such as birthdays, weddings, loss of loved ones, and missed opportunities to express their genuine emotions. This period is called the “blip.”

The exciting and compelling part of this adventure is watching our heroes try and put a broken world back together. Similarly, physicians, nurses, and scientists worked tirelessly to try to put our world back together. We fought a war against a deadly virus, misinformation, limited PPE, and balanced billing. We used the same skills and resources mentioned earlier to accomplish this feat. Through hard work and perseverance, we were able to turn the tides. Now we are at the next phase.

We are slowly putting the world back together, and hopefully, we are becoming collectively stronger in the broken places. This next phase promises to be just as adventurous and challenging. Some of the new challenges we face include (a) a troubled job market in which we have EM physicians having difficulty finding employment, (b) the looming effects of climate change on our planet, (c) the continued spreading of misinformation, and (d) the financial fallout from the pandemic. Coincidentally, lurking in the background is an old dangerous enemy threatening to devour us all. That enemy is the problem of systemic racism. The pandemic laid bare before all the world to see the health and social inequities due to racism — that is, the interpersonal and institutional oppression of groups of people based on the belief in racial superiority. Racism made up a significant portion of the news cycle. While we did not invent racism, it is everyone’s responsibility to face and fix the problem. As one scholar wrote, “It is as if you inherited your grandparent’s old house. Some of the floors creak, the steps have become uneven, and the faucet drips. Though you did not build the house, it is your house now. And since it is your house, it is your responsibility to fix those things that are broken.”

I am optimistic that our chapter is ready to face these challenges and provide solutions. In closing, we will need to ask the right questions, we need to think differently, and most importantly, we need to build bridges and learn to trust each other. ■

HOW DO YOU PRACTICE WELLNESS?



What do you do to be well outside of the ED? Do you run marathons, go fishing, paint, or lay out on your hammock? We want to show how we relax, rejuvenate, and reenergize between shifts. Share your wellness story with photo(s) to be featured at the Wellness Booth at PACEP Scientific Assembly. Do you have a talent you’d like to share in person? We are looking for musicians, singers, artists, crafters, magicians, and others to share their gifts during the Assembly.

▶ *Please send your wellness stories and offers of talent to Jan Reisinger at exec@pacep.net. Please contact Michelle Appel at maappel@geisinger.edu with any questions*

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If you are interested in joining a committee,
visit <http://pacep.net/committees.html>

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In February, Democratic Governor Tom Wolf delivered his seventh budget address to the General Assembly. The state House and Senate Appropriations Committees recently wrapped-up a series of budget hearings the heads of state departments and agencies. The state's vaccine rollout plan and Governor Wolf's proposed Personal Income Tax (PIT) increase took center stage during the House Budget hearings. Under Wolf's plan, Pennsylvania's flat income tax rate would rise from 3.07% to 4.49%. The governor's budget also includes some familiar proposals including an increase in the minimum wage, a severance tax on the natural gas industry, and legalizing adult-use cannabis.

With the most recent federal COVID-19 relief package, Republicans say those dollars should cancel plans for state and local tax increases. At the state level, Pennsylvania is receiving nearly \$9 billion in federal money. It should be noted that the Commonwealth is still awaiting guidelines for how that money can be used.

The new budget year starts July 1. Between now and then, state's Primary Election Day will also be held.

Voters across the Keystone State will be casting their ballots on May 18 for the primary to choose candidates for a variety of county and local offices, including school board directors, mayors, and judges.

Pennsylvania has a closed primary, meaning that only voters who are registered Democratic or Republican may vote on candidates in their respective parties. However, the ballot will also have four statewide questions, and voters of any party affiliation can vote on them. One is a statewide referendum, and three are proposed Constitutional amendments.

HERE IS A LOOK AT THE FOUR STATEWIDE BALLOT QUESTIONS:

1. Loan eligibility for municipal fire and emergency medical service companies

Currently, municipal fire departments with paid personnel and emergency medical service companies are not eligible to apply for loans through an existing state loan program. A statewide referendum, if approved, would allow companies

to apply for loans to replace outdated buildings, vehicles, and equipment.

2. Termination or extension of disaster emergency declarations

The proposed constitutional amendment would allow the General Assembly to terminate or extend disaster emergency declarations without the governor's approval. Democrat Governor Tom Wolf vetoed a resolution last summer that would have ended his COVID-19 disaster emergency declaration. The state Supreme Court determined that under the state constitution, the resolution needed to go to the governor for approval. Under the proposed change to Article III, Section 9, the General Assembly would be able to terminate or extend a disaster emergency declaration through a resolution approved by a majority of the members of the House and Senate. The proposal applies only to disaster emergency declarations issued by the governor.

3. Disaster emergency declaration and management

Another proposed constitutional amendment also addresses emergency declarations. In this one, a disaster emergency declaration issued by the governor would expire after 21 days — unless the General Assembly extends part or all of it through the passage of a concurrent resolution. Currently, declarations are issued for 90 days. The proposed change also would prohibit the governor from issuing a new disaster declaration after the current one expires unless approved by the General Assembly. If approved, it would add a new section to Article IV.

4. Prohibition against denial or abridgement of equal rights

A proposed amendment to the Pennsylvania Constitution would guarantee equality of rights under the state law. If approved, it would prohibit state, county, and local government entities from restricting or denying an individual's equal rights because of race or ethnicity. The amendment could not be eliminated unless a judge found it unconstitutional, or another constitutional amendment is approved.

Four state legislative special elections will also coincide with the May 18 primary day. Voters in parts of Armstrong, Butler and Indiana counties will decide who serves the remaining year-and-a-half of GOP Jeff Pyle's term in the 60th House district seat. Pyle retired in March, citing health issues. He suffered a stroke in 2020 and has been undergoing cancer treatments. Voters in parts of Westmoreland and Somerset counties will decide the race for the vacant 59th House district seat. The special election was called after the death of GOP Rep. Mike Reese in January. Voters in Lebanon County and parts of Dauphin and York counties will decide the 48th senatorial district. The winner will serve the remainder of Republican Dave Arnold's term. Arnold died in January following a battle with brain cancer. Lastly, voters in Lackawanna County and parts of Luzerne and Monroe counties will decide the race for the 22nd senatorial district. The former seat-holder, Democrat Sen. John Blake, resigned earlier in March to take a job with U.S. Rep. Matt Cartwright.

BALANCE BILLING

Working with our physician colleagues, PACEP led the charge to effectively block legislation on the state level from becoming law that would have disrupted the balance between physicians and insurers in the marketplace. In December 2020, the Federal "No Surprises Act" was signed into law that provides broad consumer protections from surprise medical bills which are consistent with the positions we advocated in Pennsylvania. The new law does not set a benchmark reimbursement rate. It would require insurers and medical providers who cannot agree on a payment rate to use an outside arbiter to decide. The arbiter would determine a fair amount based, in part, on what other doctors and hospitals are typically paid for similar services. Patients could be charged the kind of cost sharing they would pay for in-network services, but nothing more. The new law will also ban air ambulances from giving patients surprise bills and establishes an advisory committee to review ground ambulance billing practices and recommend consumer protections regarding balance billing. The new law takes effect January 1, 2022. This legislation will require federal regulatory action by the U.S. Departments of Health and Human Services, Labor and Treasury to fully implement the provisions of the

law. In light of this new federal law, PACEP and the coalition of providers is urging the General Assembly to defer consideration of any state level legislation on surprise medical bills until the federal regulations are in place and the law fully implemented. Until this occurs, it will be very difficult to determine what, if any, state legislation on this issue is necessary and appropriate.

HOSPITAL REGULATIONS

The Governor's regulatory agenda was published in March. The updated timeframe for the proposed hospital regulations is November 2021. Our understanding is that the administration is pushing forward to get a package of regulations, including the hospital regulations, wrapped-up before the end of the Governor's term in office. His current (and last) term ends on January 17, 2023. The proposed draft regulations will be made public once they are published in the Pennsylvania Bulletin. At that time, the clock starts on a 30-day public comment period. The proposed draft regulations are over 500 pages, including preamble, proposed changes, and analysis. Once released, we will be reviewing these regulations and PACEP will be commenting on any proposed changes that would negatively impact the practice of emergency medicine and the care you provide to your patients. ■

Governmental Affairs Committee Update



Amanda Deshisky, DO
Co-Chair GA/Med Economics
Committee

By Amanda Deshisky, DO and Eleanor Dunham, MD

The impact that COVID-19 has played in all of our lives cannot be underestimated. Understandably, much focus over the past year has been focused on the pandemic. Despite the unprecedented times, the PACEP Government Affairs / Medical Economics Committee has continued to advocate for a variety of important issues on behalf of our patients and its members across the Commonwealth of Pennsylvania. For the 2021-22 legislative session, our priorities remain COVID-19, Balanced Billing, hospital regulations, insurance reform, opioid epidemic and psychiatric boarding.

As we assume our roles as co-chairs of this committee, we'd like to extend our many thanks to Dr. Mike Boyd for his tremendous leadership. We're grateful that he's still going to be actively involved in this committee going forward.

This year at the Scientific Assembly Rep. Aaron Kaufer (R - Luzerne) was awarded the Legislator of the Year award. This award goes to an individual who demonstrates continued support for quality healthcare for all Pennsylvanians along with strong support in the continual efforts to achieve meaningful medical legislation that protects the profession and patients of emergency medicine.



Eleanor Dunham, MD
Co-Chair GA/Med Economics
Committee

BALANCED BILLING

In December 2020 the No Surprises Act was signed into law and will go into effect on January 1, 2022. This provides new federal consumer protections against surprise medical bills. The act was included in omnibus legislation funding the federal government for fiscal year 2021 and providing relief for the COVID-19 pandemic. The No Surprises Act contains key protections to hold consumers harmless from the cost of unanticipated out-of-network medical bills. This federal law applies to ERISA plans and state plans, if the state does not have its law (PA does not).

Key points of the No Surprises Act:

- Out-of-network emergency care deductibles = in-network deductibles
- Insurers must print deductibles on insurance cards, not just co-pays
- Direct billing by the out-of-network clinician to the insurer and direct payment from insurer to out-of-network clinician (assignment of benefits)
- Includes a baseball-style (loser pays) independent dispute resolution (IDR) after a 30-day negotiation period

Last session, PACEP members, in partnership with our lobbyists and coalition partners, successfully lobbied against the adverse surprise bill, HB 1862.

Coming into this legislative session it was anticipated that Rep. Rapp and Rep. Pickett would re-introduce balanced billing legislation. We've recently had a grassroots outreach effort to key legislators asking them to pause any further bills until the federal legislation has been implemented. At the time of this writing, we have received positive feedback that they are willing to wait, with no current bills being written. Thank-you to Drs. Erik Kochert, David Schoenwetter, Arvind Venkat, Charles Barbera, Chadd Kraus, Steve Guyton, Ron Hall, Rich Hamilton, Ankur Doshi, Marcus Eubanks, Maria Guyette, Dan McIntyre and Tom Sallade for your outstanding efforts. The Governmental Affairs Committee will continue to monitor for any changes.

HOSPITAL REGULATIONS

The Secretary of Health has recently created a task force of hospital industry representatives to review the current hospital regulations and provide recommendations to improve the quality of care in hospitals across the state. The hospital regulations will be updated to reflect those recommendations. The proposed time frame is November 2021.

MEDICAID / INSURANCE REFORM

HB 108 (Rep. Owlet) is a bipartisan Medicaid fraud bill, supported by PACEP. At the time of this writing, it has unanimously passed the House. With the help of our lobbyists, we will continue to monitor this bill.

OPIOID EPIDEMIC

The opioid epidemic is very much alive and well amidst the Covid 19 pandemic. Recently, Dr. Mike Lynch testified at the the warm handoff task force of the Joint State Government Commission. The recommendations in this study of “warm hand-offs” will be used for future legislation in the General Assembly. The report including a link to a one page summary can be found here: [JSGC Public Website \(state.pa.us\)](https://www.state.pa.us/jsgc/public-website)

There is also an upcoming free virtual CME event focusing on practical implementation of strategies to address opioid use in the ED. The 2 hours of CME do apply to the PA licensing requirements for opioid training. This is open to everyone including ED pharmacists and APPs. The date is Wednesday, 5/19/21 from 9–11am and you can register in advance for this meeting at <https://cce.upmc.com/opioid-use-disorder-strategies>

PSYCHIATRIC BOARDING

The COVID pandemic has exacerbated the cracks in the mental health system. Dr. Anthony Fauci has said that he worries about a “mental health pandemic” once the COVID pandemic improves. Across the Commonwealth many emergency departments are suffering from prolonged boarding times of psychiatric patients awaiting inpatient placement. Last year, Drs. Eleanor Dunham, Erik Kochert, Laura Vearrier, Chadd Kraus and Marcus Eubanks were advisors for the Pennsylvania task force report regarding behavioral healthcare system capacity. This

legislative cycle, the Governmental Affairs Committee wants to have continued outreach to key stakeholders, as we know this is an issue significantly impacting emergency departments.

MISCELLANEOUS BILLS

In addition to our main priorities, we continue to follow a variety of other bills applicable to emergency medicine. PACEP recently sent a letter of support for HB 37 (Rep. Brown) that would prohibit using handheld devices while driving. PACEP has also sent a letter of support for HB 245 (Rep. Kaufer) that would decrease GME training for IMGs from 3 years to 2 years; at the time of writing, this has passed the House and is currently being considered in the Senate. We continue to receive updates on SB 425 (Sen. Gordner) that allows physicians to delegate informed consent for procedures to “Qualified Professionals” and HB 605 (Rep. Ecker) regarding liability protection that was initiated during COVID and is set to expire. ■

Whether or not you have engaged in advocacy in the past, as an Emergency Physician, you are the best person in your community to educate our representatives about the issues we confront daily. If you would like assistance contacting your local legislator, or if you are interested in joining the Governmental Affairs / Medical Economics Committee please feel free to contact us at amanda.deshisky@gmail.com or edunham@pennstatehealth.psu.edu.

UPCOMING EVENTS

6/9/21 **Board of Directors Meeting**
Harrisburg, PA

7/25/21 – 7/27/21 **LAC**
Washington, DC

9/2/21 **Western Residents Day**
Allegheny General Hospital,
Pittsburgh, PA

9/30/21 **Central Residents Day**
St. Luke's University Health
Network, Bethlehem, PA

9/30/21 **Board of Directors Meeting**
St. Luke's University Health
Network (with Central
Residents Day)

10/13/21 **Eastern Residents Day**
Crozer-Chester Medical
Center, Upland, PA

10/23/21 – 10/24/21 **ACEP Council**
Boston, MA

10/25/21 – 10/28/21 **ACEP Scientific Assembly**
Boston, MA

11/10/21 **Board of Directors**
Harrisburg, PA

01/12/22 **Board of Directors Meeting**
(Virtual)

3/2/22 **Board of Directors Meeting**
(Virtual)

3/31/22 **Board of Directors**
Kalahari Resorts, Pocono
Manor

3/31/22 – 04/2/22 **PACEP Scientific Assembly
2022 & Ultrasound Course**
Kalahari Resorts, Pocono
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**ACEP Leadership and
Advocacy Conference (LAC)
is back in person!**

**July 25 – 27, 2021
Grand Hyatt, Washington, DC**

To register or to learn more about the
schedule, visit: www.acep.org/lac/



**Now accepting submissions
for speakers and sessions!
Learn more on page 19 ▶**



A Year of Coronavirus: Reflections from a Preclinical Medical Student



Jade Azari, MS III
Secretary-Editor MSC

By Jade Azari MS3

Last year, I wrote an article roughly six months into the COVID-19 pandemic about how it had affected the preclinical medical school experience. At that time, everyone thought the worst was behind us; little did we know that coronavirus cases would soon skyrocket not only nationally, but worldwide. Many felt hopeless as cases became out of control, but hope was soon found again with the emergence of several CDC-approved vaccines. Now that we've reached the somber one-year mark of the pandemic, what has stayed the same in medical education, and what has changed?

The main change that has remained unwavering is the hybrid online and in-person curriculum in which medical students across the nation partake. Virtual didactics, also known as "Zoom University," is still in full swing, and after a year of online lectures, students have become more accustomed to this style of learning. As more students and professors alike become vaccinated, we hope to resume in-person anatomy labs and clinical skills courses in the near future.

Although small group sessions have been in person for many medical schools, the lack of normal socialization for many students has had a lasting effect. Forming both personal friendships with classmates and professional relationships with professors is much more difficult to do virtually. Another social experience that has remained virtual is student interest group activities; although virtual speaker series and charity drives have been able to continue, hands-on learning and in-person networking have not resumed.

Despite much of the nation being worn down by the mentally taxing year, after so many lives have been lost, medical personnel have not given up hope. Many medical students are still volunteering where needed. However, there has been a shift from the contact tracing and homemade mask making of the so-called "early pandemic," to vaccine delivery and raising vaccine awareness in local communities.

Even with everything that has remained constant over this past year of the pandemic, there have been some positive changes recently. The availability of multiple COVID-19 vaccines with promising results not only will have a direct impact on clinical care, but also on preclinical instruction. As states and cities start to ease their restrictions, students hope that medical schools will shift back to more in-person instruction in the near future. However, many hospitals are still not allowing medical students to shadow physicians.

Lastly, early on in the pandemic, students in many schools were kept separate from patients with coronavirus. However, with recent vaccinations and proper precautions, medical students are now being allowed to care for these patients, learning firsthand the many complications that the virus can cause.

Although nobody could've predicted the events of the past year, healthcare workers and students alike showed their true resilience, and can handle anything that is thrown their way in the future. We will move forward for ourselves, our patients, and our community. ■



As states and cities start to ease their restrictions, students hope that medical schools will shift back to more in-person instruction...

PACEP at 50 – Celebrating our past, forging our future



*Chadd K. Kraus, DO,
DrPH, FACEP
PACEP President-Elect*

By Chadd K. Kraus, DO, DrPH, FACEP

PACEP's 50th Anniversary officially kicked off during an exciting, virtual PACEP21 meeting. For the next year, we will celebrate the immeasurable, positive impact of PACEP on the development of emergency and acute care in the Commonwealth and will honor all of our members for their contributions to the success of PACEP and the high-quality, patient-centered care emergency physicians in Pennsylvania provide.

RECOGNITION BY ELECTED OFFICIALS

Through the work of our government affairs partner, Milliron and Goodman, as well as government affairs staff in ACEP's Washington, DC office, PACEP's historical milestone has been recognized in the Pennsylvania General Assembly in a citation co-sponsored by Rep. Kathy L. Rapp (R-65th District) and Rep. Dan Frankel (D-23rd District), on the Pennsylvania Senate floor by Senators Michele Brooks (R-50th), John DiSanto (R-15th), and Art Haywood (D-4th), by Governor Wolf, and on the floor of the United States House of Representatives by Rep. Mike Doyle (D-PA 18th). These bipartisan commemorations are a testament to the tireless dedication and work of PACEP members throughout the organization's history and continuing today.

PACEP DOCUMENTARY FILM

The film project documenting PACEP, the development of emergency medicine in PA, and the influence of PACEP on the establishment and growth of emergency medicine in the US and internationally, is progressing well. More than three dozen PACEP leaders and members have been interviewed for the film over the past three years, and multiple items from the PACEP archives have been "dusted off" and will appear in the film. Our video production partner, Triscari (Camp Hill, PA), is assisting with the post-production phase of the full documentary.

A trailer of the documentary film was released during the Awards Dinner and Annual Meeting at PACEP21 and is available for viewing on the PACEP website and social media outlets. The film will be screened in its entirety at PACEP22 at Kalahari. We look forward to seeing you there.

Cheers to 50 years and thank you to every PACEP member, past, present, and future for your contributions! ■

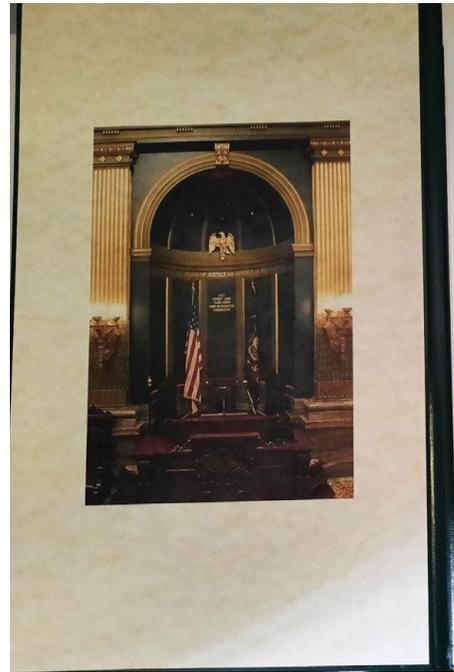
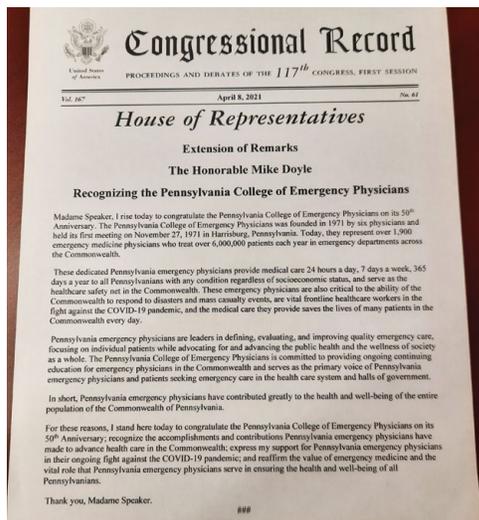


These bipartisan commemorations are a testament to the tireless dedication and work of PACEP members throughout the organization's history and continuing today.





Recognition of PACEP's historical milestone by PA Representatives Kathy L. Rapp and Dan Frankel (left) and US Representative Mike Doyle (below).



Recognition of PACEP's historical milestone by Governor Tom Wolf (left) and Pennsylvania State Senators Michele Brooks, John DiSanto, and Art Haywood (above).

CONGRATULATIONS ARE IN ORDER...



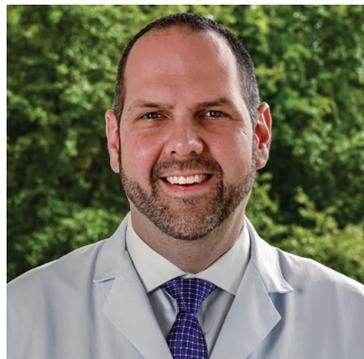
Annahieta Kalantari, DO, FACEP
Education Committee Chair

Congratulations to Annahieta Kalantari, DO, FACEP (PACEP Education Committee Chair) who was recently promoted to the Penn State Health Emergency Department Vice Chair of Education position and was also promoted to Associate Professor.

Congratulations to the PACEP 2021-2022 Executive Committee!



PRESIDENT:
Ronald V. Hall, MD, FACEP
president@pacep.net



PRESIDENT-ELECT:
Chadd Kraus, DO, DrPH, FACEP
president-elect@pacep.net



VICE PRESIDENT:
Robert J. Strony, DO, FACEP
vicepresident@pacep.net



TREASURER:
Richard J. Hamilton, MD, FACEP
treasurer@pacep.net



SECRETARY:
Jennifer L. Savino, DO, FACEP
secretary@pacep.net



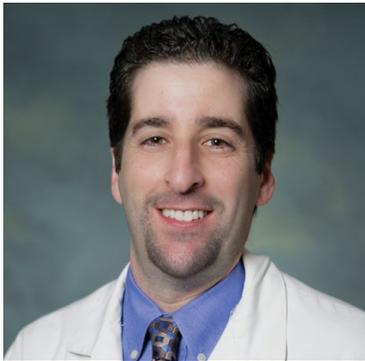
IMMEDIATE PAST PRESIDENT:
Shawn M. Quinn, DO, FACEP
pastpresident@pacep.net

**Congratulations to
Thomas (Doug) Sallade, DO
on the PACEP 2021-2022
Leadership Fellowship!**



Thomas (Doug) Sallade, DO

Congratulations to our new PACEP Board Members!



**Scott Goldstein, DO, FACEP, FAEMS,
EMT-PHP**



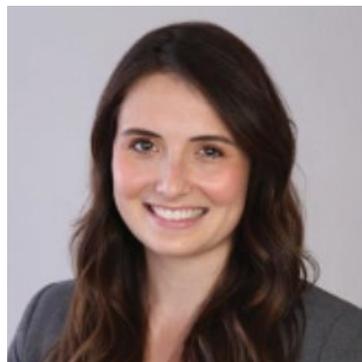
Hannah Mishkin, MD, FACEP



Theresa A. Walls, MD, MPH



Karen Custodio, DO (Einstein)



Clairisse Hafey, DO (Geisinger)

CONGRATULATIONS ARE IN ORDER...

SA SCAVENGER HUNT WINNERS:

Thanks to our winners who were in the top ten point getters for visiting with our exhibitors.

Harpreet Singh, DO – Free Registration to SA22 and 1 Free Overnight Accommodation at Kalahari Resorts & Convention Center during SA22

Daniel Sadoma, DO – Free Registration for SA22

Stephanie Tauscher, MD – PACEP Jacket or Vest

Monisha Bindra, DO, FACEP – PACEP Jacket or Vest

Eric Smith, DO – PACEP Jacket or Vest

Chadd Kraus, DO, DrPH, FACEP – PACEP Jacket or Vest

Samuel Woods, DO – PACEP Jacket or Vest

CPC WINNERS:



Resident Presenter
Leslie Crosby, MD
(Crozer Chester)



Faculty Discussant
James Van Meerbeke, MD
(University of Pittsburgh)

SPIVEY WINNERS:

Best of the Best:

- ★ **Winner** – Robert Waller, MD (Penn State Milton S. Hershey Medical Center) – Evaluation of Provider assessment of Clinical History when Using the HEART Score
- ★ **Runner-up** – Alexandra Amaducci, DO (Lehigh Valley Health Network) – Influence of Pennsylvania Liquor Store Closures During the COVID-19 Pandemic on Feature of Alcohol Withdrawal Syndrome Consultations

EPoster:

- ★ **Winner** – Chase Jones, DO (Lehigh Valley Health Network) – A Street Medicine Program to Provide Naloxone Education and Medication to Community Members in Need and to Those Who Provide Care to Them
- ★ **Runner-up** – Ryan Moore, DO (Geisinger) – Face-Off: Comparing Face-to-Face and Telephone Psychiatric Consultations on Length of Stay and Disposition

SAVE
THE
DATES

2021 PACEP RESIDENT DAYS

THURSDAY,
SEPTEMBER 2

Western Residents Day
Allegheny General Health,
Pittsburgh

THURSDAY,
SEPTEMBER 30

Central Residents Day
St. Luke's University Health
Network, Bethlehem

WEDNESDAY,
OCTOBER 13

Eastern Residents Day
Crozer-Chester Medical
Center, Upland



Eastern Residents Day 2019 EMRA Quiz Bowl Winners



Eastern Residents Day 2019



Central Residents Day 2019

PACEP NOW HAS A STORE!

Get the latest in PACEP gear – Jackets and Vests embroidered with the PACEP Logo. Personalization is also available.

▶ Visit [doc-mom.com/collections/pacep-apparel](https://www.doc-mom.com/collections/pacep-apparel)



2021 Wellness & Young Physicians Scientific Assembly Recap



Hannah Mishkin, MD, FACEP
Board Liaison
Wellness/YP Committee

By Hannah Mishkin, MD, FACEP

The Wellness & Young Physicians Committee helped PACEP celebrate its 50th anniversary with several excellent events focused on Wellness and Young Physicians.

The session started off with the Wellness/Young Physicians committee meeting at SA with the new Chair Dr Monisha Binda and Co-Chair Dr Dhimitri Nikolla. The goals this year include providing activities that support wellness. One initiative is to collect and test recipes submitted by members with the goal of identifying delicious and healthy meals. A second initiative will focus on providing mentorship opportunities to the residents and the medical students who would like to stay and practice in Pennsylvania. The committee plans to hold the second annual PACEP residency fair in the late summer.

There were multiple didactic sessions geared toward wellness. In the Narrative Medicine Workshop, hosted by Dr Monisha Bindra and Dr Dhimitri Nikolla, participants learned tools to enable and feel comfortable with introducing storytelling to enhance your personal and professional wellness. Participants then shared some very moving stories with their small groups. The second wellness didactic, held by Dr Jeff Rix and partner focused on how to achieve your fitness goal. They provided strategies for overcoming fitness barriers including writing a personalized fitness plan and reflecting on your past success in fitness in order to achieve. Finally, Dr Theresa Walls gave a fantastic talk entitled “Physician Health Thyself! Wellness in 2021 and Beyond”. She discussed the data on physician wellness and some of the strategies we can use to combat it.

An EM Practice Models/ Environments Discussion, hosted by Dr Dhimitri Nikolla, was intended to help residents and new attending physicians understand the pros and cons of various practice environments. The discussion group compared city and rural locations, hospital and freestanding ED practice, various types of physician payment models, and community vs academic medicine.

Thanks to our sponsors Nuance and UPMC, we were able to participate in a Wellness event at the end of the day that included a discussion on physician wellness followed by a wine tasting. Those who pre-registered received four types of wines to sample with the instruction of a very engaging and knowledgeable sommelier. He walked through how to properly taste wine and evaluate its quality. As it turns out, experienced sommeliers can taste a variety of things in wine from all kinds of fruit, leather and even pencil shavings! If you missed it, do not worry. Turns out, the only thing that matters is if it tastes good to you! ■



▶ *The Wellness and Young Physicians Committee is always welcoming new members from seasoned attendings to medical students. We want to hear what you want from our committee. Our meetings are held on the first Wednesday of every other month. Please consider joining to share ideas or get involved!*



**PENNSYLVANIA COLLEGE
of EMERGENCY PHYSICIANS**
ADVANCING EMERGENCY CARE

PACEP21 SCIENTIFIC ASSEMBLY **CALL FOR SPEAKERS** Kalahari Resort, Pocono Manor | March 31 – April 2, 2022

The Pennsylvania College of Emergency Physicians (PACEP) Education Committee is now accepting submissions for speakers and sessions for our 2022 Scientific Assembly conference which will be held at Kalahari Resort & Convention Center, Pocono Manor on March 31 – April 2, 2022.

Each year, nearly 200 emergency medicine professionals gather to hear national and state faculty share their knowledge and expertise in presenting clinical updates as well as cutting-edge issues in emergency medicine care. PACEP will also celebrate the conclusion of our 50th Year Anniversary.

Our goal is to continue to present outstanding content that provides PACEP members and conference attendees the opportunity to expand his or her expertise. This year's theme is: "Advancing Through Challenges".

Expressing interest does not guarantee acceptance, but your submission will be collected for possible future calls. You may submit multiple submissions, but **only one submission per form. Submissions are due by July 31, 2021.**

Potential speakers will be notified by the PACEP22 Scientific Assembly Program Chair, Holly Stankewicz, DO, FACEP by September 30, 2021.

NOTE: While we cannot provide payment for your session, we do cover travel costs and a portion of your hotel stay during the conference.

SUBMIT YOUR PROPOSAL:
<https://form.jotform.com/211103231967144>

WHAT WE'RE LOOKING FOR:

- Passionate, confident, and engaging speakers. Know someone who you think would make a GREAT speaker? Pass this message on!
- Sessions that run the gamut from teaching the fundamentals of Emergency Medicine to advanced subject areas (attendees are at various stages in their careers, so a wide spectrum of sessions is needed).

WHAT WE'RE NOT LOOKING FOR:

- Panel Submissions
- Sales-driven sessions for products or services

DEADLINE:

Your proposal for a session must be submitted by July 31, 2021.



PENNSYLVANIA COLLEGE
of EMERGENCY PHYSICIANS
ADVANCING EMERGENCY CARE

PACEP NEWS

800 N. Third Street, Suite 408-B
Harrisburg, PA 17102



*With WPA, I can choose
where and when I work
and still live here.*

Dr. Abram Weimer

WPA+ EMERGENCY
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